

INTRODUCING STRENGTHS

SESSION	RESOURCES	GUIDANCE
People need to have completed the Clifton Strengths Finder before they attend this session.		
Before the start	S1	Welcome people as they are arriving.
00.00 Formal welcome.	S1	Formal welcome back Use the slide to remind people of the process and share the quote. Affirm who will be facilitating today and say you are happy to be here, 5 minutes
00.05 Rules of Engagement and Learning Intentions.	S2	Introduce the learning intentions, these help structure the overall session and provide a basis for Rules of Engagement described in the first Learning Intention. Explain that our experience is that these allow you to deliver a Thinking Environment, remind them these rules apply in the breakout rooms too. No more than 5 minutes.
00.10- 00.30 Checking In.	No slide.	A quick hello, and one word. Hear from everyone, may not take this long depending on numbers. 20 minutes total
00.30-01.00 Reflecting on the Bucket Book	Set up rooms 3 people each room or if smaller groups in pairs	S3 introduces the question. 2 minutes to think about it. We all need to have the question so that we can put it to each person in turn. 20 minutes for the conversation. 10 minutes to hear the feedback.
01.00-01.10 Introduction to Strengths	S4	S4 shows the Strengths domains. Talk through your scores and where they fit 10 minutes
01.10-02.00 Strengths and Behaviours	S5 Copy of the universal behaviours Set up rooms 2 people each room, or in spaces if in a physical environment	S5 is the guide for the activity. 30 minutes in total 20 minutes to get some feedback on the conversations